



Interfaith Community Clinic



COMMUNITY RESOURCES

RECURSOS DE LA COMUNIDAD

This resource guide is for informational purposes only.

None of the listings contained here should be considered as recommendations on the part of Interfaith Community Clinic.

COMMUNITY GOVERNMENT / GOBIERNO COMUNITARIO

ALWAYS DIAL 9-1-1 FOR EMERGENCIES

Harris County Sheriff's office (non-emergency) **713-221-6000**

Montgomery County Sheriff's Office (non-emergency) **936-760-5871**

Harris County Constable Precinct 4 (non-emergency) **281-376-3472**

Montgomery County Constable Precinct 2 Conroe (non-emergency)
936-539-7854

Montgomery County Constable Precinct 3 The Woodlands (non-emergency)
281-364-4211

Conroe ISD Police (non-emergency) **936-709-8900**

Conroe ISD KID CHAT **1-888-543-2428**

Fire Emergency **9-1-1**

Police Emergency **9-1-1**

Poison Emergency **9-1-1**

Poison Information Center **1-800-222-1222**

Montgomery County Women's Center/Shelter for Abused (24-Hour Hotline)
936-441-7273

Suicide Hotline **1-800-273-TALK**

HOSPITALS/ HOSPITALES

St. Luke's Health The Woodlands Hospital **936-266-2000**

St. Luke's Health - Lakeside Hospital **936-266-9000**

HCA Houston Healthcare - Conroe **936-539-1111**

Houston Methodist The Woodlands Hospital **936-270-2000**

Memorial Hermann The Woodlands Medical Center **713-897-2300**

Texas Children's Hospital The Woodlands **936-267-5000**

MD Anderson Cancer Center- The Woodlands Location **855-405-4577**

HEALTH DEPARTMENT/ DEPARTAMENTO DE SALUD

Health Department Information and Referral **888-963-7111**

Alzheimer's Program **800-242-3399**

Car Seat Information **800-252-8255**

Disease Control and Prevention **512-776-7676**

Food Safety **512-834-6770**

HIV/STD **737-255-4300**

Immunization **800-252-9152**

Bureau of Vital Statistics **888-963-7111**

Hospital Districts : Montgomery County Hospital District **936-523-5100**

Harris County Hospital District **713-634-1000**

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CHILDCARE / CUIDADO DE NIÑOS

Collaborative for Children

2200 Post Oak Blvd, Ste. 1000, Houston, TX 77056

Mon - Fri 9:00am - 5:00pm

713-600-1100

www.collabforchildren.org

Assists with finding child care

Ayuda para encontrar cuidado infantil

Workforce Solutions

2218 I-45 N Conroe, TX 77301

Mon - Fri 8:00am - 5:00pm

936-441-0037

www.wrksolutions.com

Financial aid for childcare provided for those in need

Ayuda financiera para el cuidado de niños para los necesitados

Interfaith Child Development Center

5630 Rushhaven Dr. The Woodlands, TX 77381

Mon - Fri 7:00am - 6:00pm

281-292-3617

www.interfaithkids.org

Call in early February to register

Llame a principios de febrero para registrarse

YMCA

8100 Ashlane Way The Woodlands, TX 77382

6145 Shadowbend Pl. The Woodlands, TX 77381

Mon - Fri 5:00am - 9:00pm | Sat 6:00am - 6:00pm | Sun 12:00pm - 6:00pm

281-367-9622

www.ymcahouston.org/financial-assistance

Scholarship assistance on memberships and other family services

Asistencia de becas en membresías y otros servicios familiares

CLOTHES / ROPA

Community Assistance Center

1022 McCall Ave. Conroe, TX 77301

936-539-9211

Serving Montgomery County Residents

Proof of Residency needed (Texas driver's license or utility bill)

Call for appointment

Servicios para residentes de Montgomery County - Prueba de residencia necesaria (licencia de conducir de Texas o factura de servicios públicos)

Llame para hacer cita

Other locations:

North Montgomery County Community Center

600 Gerald St., Willis, TX 77370 | Tues - Thurs

East Montgomery County Community Development Center

16401 First St., Splendora, TX 77372 | Mon, Tues, Thurs

First Montgomery Baptist Church

20423 Eva St. Montgomery, TX 77356

Service Area (Area de Servicio): 77356-77318

936-597-4230

Must live in Montgomery County

Proof of residency required (TX driver's license or utility bill)

Debe vivir en Montgomery County

Prueba de residencia requerida (Licencia de conducir TX o factura de servicios públicos)

Good Shepherd Mission Clothing Store

1005 Martin Luther King Dr. Huntsville, TX 77320

Mon - Fri 9:00am - 4:00pm

936-291-8156

www.thegsmission.org

Clothing vouchers given out Mon-Fri 9am-1:00pm. Vouchers also good for shoes and blankets

Vales de ropa entregados de lunes a viernes 9am-12pm. Vales se pueden usar para zapatos y mantas

Hand Me Up Shop

536 Sawdust Rd. Spring, TX 77380

Mon - Sat 9:00am - 5:00pm

281-367-4942

www.woodlandsinterfaith.org

Sells clothes, books, toys, houseware items, furniture and home décor

Vende ropa, libros, juguetes, artículos para el hogar, muebles y decoración del hogar

CLOTHES / ROPA

Interfaith of The Woodlands

4242 Interfaith Way The Woodlands, TX 77381

Mon-Thurs 9:00am - 4:00pm, Fri 9:00am - 12:00pm

281-367-1230

Service Area (Area de Servicio): 77380–77382, 77384–77385, neighbors residing in the portion of 77386 north of the Grand Parkway, in portions of 77389 and 77375 in the Village of Creekside Park, and 77354 in the Village of Sterling Ridge.

Serving Montgomery County Residents - Need picture ID and proof of residency

Clothing voucher for qualified clients.

Call for appointment

Servicios para residentes de Montgomery County

Necesita identificación con foto y prueba de residencia

Llame para hacer cita

Under Over Mission

600 S Frazier St., Conroe, TX 77301 | 936-447-0258

Something Special Resale

19073 I-45, #180, Shenandoah, TX 77385

Mon - Sat 9:00am - 6:00pm

281-292-0443

www.mcwctx.org/something-special-resale-store

To help families and children fleeing domestic violence

Ayuda para las familias y los niños que huyen de la violencia doméstica

Assistance League

126 N San Jacinto St, Conroe, TX 77301

936-760-1151

Angelic Resale

727 W Davis St, Conroe, TX 77301

936-441-5433

Sacred Heart Catholic Church - St. Vincent De Paul Society

109 N Frazier St, Conroe, TX 77303

Mon - Thurs 10:00am - 2:00pm

936-539-1188

Clothes closet open Mon - Thurs | 10:00am - 2:00pm

DENTAL SERVICES / SERVICIOS DENTALES

All Dental Works

132 FM 1960 E Suite B Houston, TX 77073

Mon - Fri 9:00am - 5:00pm | 281-443-7777

Call for more information. *Llame para más información*

Partners Dentures and Implants

9420 College Park Dr Suite #230, The Woodlands, TX 77384

Tues - Fri 7:00am - 4:00pm, Sat 9:00am - 3:00pm | 936-756-9015

Call for more information. *Llame para más información*

Affordable Dentures & Implants

1142 W Dallas St. Conroe, TX 77301

Mon - Fri 8:00am - 5:00pm | 936-931-4283

Call for more information. *Llame para más información*

Lone Star Family Health Center

605 S Conroe Medical Dr. Conroe, TX 77304

Mon - Fri 8:00am - 9:00pm, Sat 9:00am - 1:00pm | 936-539-4004

Insurance accepted. Qualifications for a sliding scale. Pediatric dentistry available

Aceptan Seguros Médicos. Calificara de acuerdo a sus ingresos

Servicios de Dentistas para niños

St. Hope Foundation

1414 S Frazier St. Suite 105/106 Conroe, TX 77301

Mon - Fri 8:00am - 5:00pm | 936-441-2440

Insurance accepted. Qualifications for a sliding scale

Aceptan Seguros Médicos. Calificara de acuerdo a sus ingresos

University of Texas Health Science Center at Houston - Dental Branch Clinics

6410 Fannin St., Ste. 310, Houston, TX 77030

713-500-7171 General Dentistry

713-486-4000 (option 1) Urgent care clinic

Full range of services. Low cost/sliding scale.

Harris & Montgomery County residents only

Toda clase de servicios dentales para adultos y niños

Bajo costo - Cobro estimado de acuerdo a ingresos.

Solamente para residentes de Harris y Montgomery County

EMPLOYMENT / EMPLEO

Texas Department of Assistive & Rehabilitation Services

1151 N Loop 336 E Conroe, TX 77301

Mon-Fri 8:00am - 5:00pm

936-523-2250

www.dars.state.tx.us

Provides vocational rehabilitation to the eligible disabled aged 16 and older.

The ultimate goal of this program is employment

Proporciona rehabilitación vocacional a los discapacitados elegibles mayores de 16 años. El objetivo final de este programa es el empleo

The Woodlands United Methodist Church - Job Search Ministry

2200 Lake Woodlands Dr. The Woodlands, TX 77380

Wed 6:30pm - 9:00pm

281-297-5900

www.thewoodlandsumc.org/job-search

Church, spiritual support, encouragement and networking; open to all
Iglesia, apoyo espiritual, estímulo y reuniones; abierto a todos

Woodlands Church - Job Support Ministry

1 Fellowship Dr. The Woodlands, TX 77384

281-367-1900

www.jobsupportministry.com

Career guidance, encouragement and employment opportunities. Also host career fairs 2nd and 3rd weekend of each month from 9:00am - 12:00pm

Orientación profesional, estímulo y oportunidades de empleo. Ferias de oportunidad profesional 2do y 3er fin de semana de cada mes 9:00am - 12:00pm

Workforce Solutions

2218 I-45 N Conroe, TX 77301 - 936-441-0037 | 866-278-6597

FM 1960 60 #A Houston, TX 77090 - 281-891-2850 | 866-278-6597

www.wrksolutions.com | www.texasworkforce.org

Job search assistance and resources, job referrals, job listings, career planning and guidance, job search workshops, community resources, resume assistance. Internet access, copier/fax/phone/computers, resource library, computer tutorials, labor market info

Asistencia y recursos de búsqueda de empleo, referencias de empleo, ofertas de empleo, planificación y orientación de carreras, talleres de búsqueda de empleo, recursos comunitarios, asistencia para la hoja de vida

Acceso a Internet, copiadora/fax/teléfono/ordenadores, biblioteca de recursos, tutoriales de computadora, información del mercado laboral

FOOD PANTRIES / DESPENSA DE ALIMENTOS

Conroe Church of Christ

1860 Longmire Rd. Conroe, TX 77304

Service Area (Area de Servicio): 77305, 77301, 77302, 77304, 77303
936-500-4767

Must live in Montgomery County - Need picture ID & Social Security card.

Open every Wednesday and every other Friday 10am - 12pm.

By appointment only, please call.

Debe vivir en Montgomery County

Necesita identificación con foto y tarjeta de Seguro Social. Llame para hacer cita

Community Assistance Center

1022 McCall Ave. Conroe, TX 77301

936-539-9211

Serving Montgomery County Residents

Proof of Residency needed (Texas driver's license or utility bill)

Call for appointment

*Servicios para residentes de Montgomery County - Prueba de residencia necesaria
(licencia de conducir de Texas o factura de servicios públicos)*

Llame para hacer cita

Other locations:

Community Center - North Montgomery County

600 Gerald St., Willis, TX 77370 | Tues - Thurs

Community Development Center - East Montgomery County

16401 First St., Splendora, TX 77372 | Mon, Tues, Thurs | By appointment only

Terry's Table

18856 FM 1484 Conroe, 77303 | By appointment only

Feed A Soul: Needham Rd. Baptist Church

9268 TX-242 Conroe, TX 77385

936-273-6464

No regular hours (Called upon when needed)

For emergency and short-term food needs (no long-term needs)

No hay horario regular (llamar cuando sea necesario)

Para necesidades alimentarias de emergencia y solamente a corto plazo

First Montgomery Baptist Church

20423 Eva St. Montgomery, TX 77356

Service Area (Area de Servicio): 77356-77318

936-597-4230

Must live in Montgomery County

Proof of residency required (TX driver's license or utility bill)

Debe vivir en Montgomery County - Prueba de residencia requerida (Licencia de conducir TX o factura de servicios públicos)

FOOD PANTRIES / DESPENSA DE ALIMENTOS

First Christian Church

3500 N Loop 336 West Conroe, TX 77304

Wednesday 9:00am - 11:00am

Service Area (Area de Servicio): 77301, 77302, 77303, 77304, 77306

Conroe Area residents only. Need picture ID

Solamente para residentes de Conroe

Necesita identificación con foto y prueba de residencia

936-756-3554

Food Pantry at Stonebridge Church

1 StoneBridge Church Dr. The Woodlands, TX 77382

Tues & Thurs 9:00am - 1:00pm

Service Area (Area de Servicio): 77301, 77302, 77306, 77316, 77353, 77354, 77355, 77356, 77357, 77362, 77375, 77384, 77385, 77389

Food and clothing. *Alimentos y ropa*

281- 789-7080 | sbfoodpantry.org

Interfaith of The Woodlands

4242 Interfaith Way The Woodlands, TX 77381

Mon-Thurs 9:00am - 4:00pm, Fri 9:00am - 12:00pm

Service Area (Area de Servicio): 77380–77382, 77384–77385, neighbors residing in the portion of 77386 north of the Grand Parkway, in portions of 77389 and 77375 in the Village of Creekside Park, and 77354 in the Village of Sterling Ridge.

Serving Montgomery County Residents - Need picture ID and proof of residency
Call for appointment

Servicios para residentes de Montgomery County

Necesita identificación con foto y prueba de residencia

Llame para hacer cita

281-367-1230

Montgomery County Food Bank

1 Food for Life Way

Call for more information

Llame para mas información

936-271-8800

Montgomery United Methodist

22548 Hwy 105 Montgomery, TX 77356

Friday & Saturday, 9:00am - 11:00am

Must live in City of Montgomery

Proof of address required (Texas driver's license or utility bill)

FOOD PANTRIES / DESPENSA DE ALIMENTOS

*Debe vivir en la ciudad de Montgomery - Se requiere comprobante de dirección
(licencia de conducir de Texas o factura de servicios públicos)*
936-597-6162

Nourishment for the Needy

27350 Blueberry Hill Dr. #4 Conroe, TX 77385

Tues & Thurs 9:00am - 2:00pm

Proof of residency, TX driver's license, utility bill, social security card & proof of income

Prueba de residencia, licencia de conducir de TX, factura de servicios públicos, tarjeta seguro social y comprobante de ingresos

281-292-2695

Sacred Heart Catholic Church - St. Vincent DePaul Society

109 N Frazier St. Conroe, TX 77303

Food distribution on Wednesdays 9:00am - 12:00am

Service area: Cleveland (77327, 77328), Conroe (77301, 77302, 77303, 77304, 77306), Montgomery (77316, 77356), Willis (77318, 77378)

Need picture ID

Call for appointment for financial assistance or clothes request

Residentes de Cleveland, Montgomery, Willis, & Conroe solamente

Necesita identificación con foto, tarjeta de seguro social

Llame para hacer cita

936-539-1188 | info@svdpconroe.org

Society of Samaritans (SOS)

31355 Friendship Dr. Suite 500 Magnolia, TX 77355

Mon - Fri 10:00am - 2:00pm

Montgomery county residents living within Conroe ISD

Proof of residency required

Call for appointment

Prueba de residencia requerida

Llame para hacer cita

281-259-8452 ext. 106

St. Anthony of Padua Food Pantry

Located at the St. Teresa Center

7985 Bay Branch Dr. The Woodlands, TX 77382

Tues, Thurs & Sat : 8:00am - 10:00am

832-482-4210

Must allow 14 days between visits

FOOD PANTRIES / DESPENSA DE ALIMENTOS

St. Simon & Jude Catholic Church - St. Vincent DePaul Society

26777 Glen Loch Dr. The Woodlands, TX 77380

Service Area (Area de Servicio): 77354 (The Mansions Apartments and The Grand Estates of The Woodlands), 77380, 77381, 77382, 77383, 77384, 77385, 77386

281-292-6002 Call for appointment | *Llame para hacer cita*

936-539-1188 Conroe Sacred Heart Catholic Church

Sacred Heart Catholic Church - St. Vincent de Paul

109 N Frazier St, Conroe, TX 77301

936-539-1188

Drive-Thru distribution: Wednesday 9:00 am - 12:00 pm, or while supplies last.

Terry's Table

18856 FM 1484 Cut & Shoot 77303 | 936-274-3799

9am - 11am | 1st & 3rd Thursdays

The Hope Center (Through WoodsEdge Community Church)

25333 Gosling Rd, Spring, TX 77389

Tues. 5:00pm - 7:30pm | Wed. 11:00am - 1:30pm

Serve any zipcode

Need regular form of ID *Necesita identificación regulares.*

281-364-0415

The Salvation Army Soup Kitchen

304 Avenue E Conroe, TX 77305

Mon - Thurs 12:00pm - 2:30pm

Need picture ID. No appointments necessary. Sign up for lodge and shelter

Necesita identificación con foto. No se requiere cita. Regístrese para el albergue

936-760-2440

TLC Food Pantry

101 West Montgomery St. Willis, TX 77378

Mon - Wed 10:00am - 1:00pm

Service Area (Area de Servicio): 77318, 77378

Must live in City of Willis – Proof of address required (Texas driver's license or utility bill)

Proof of income. Social security card for each member of the household

936-856-8317

FOOD PANTRIES / DESPENSA DE ALIMENTOS

OTHER MISCELLANEOUS FOOD SERVICES:
(*Servicios alimenticios diverso*)

Meals on Wheels Montgomery County

936-271-2183

www.mowmc.org

LIFE-Houston Infant Formula for Emergencies

713-428-2065

www.lifehouston.org

TX Department of Human Services

608 N. Loop 336 Conroe, TX 77301

Mon - Fri 8am - 5pm

936-539-1161

Food Stamps - Women, Infants, and Children (WIC) Program

Conroe location - 703 East Davis St, Conroe, TX 77301

Mon - Tues, 8am - 7pm | Wed - Thurs 7am - 6pm | Friday 8am - 3pm

936-539-3399

www.yourtexasbenefits.com

United Way

2-1-1

Referrals for rent, food and shelter

GED & ESL / VALIDACION DE ESCUELA SECUNDARIA Y CLASES DE INGLES

ESL at Grace Presbyterian

Tues 7:00am - 9:00pm (*During school year*)

Conversation - all levels. Childcare provided

Cost: Classes are free, book \$35

Conversación - todos los niveles. Cuidado de niños proporcionado

Costo: Clases gratuitas, el libro cuesta \$35

281-296-0911

gracewoodlands.org, esl@gpcwoodlands.org

Lone Star College

Montgomery 936-273-7446

North Harris

281-618-5602

Tomball 281-357-3676

Conroe

936-521-4505

Lone Star College Adult Education

Free GED Classes

Tell them that you are referred by Workforce Solutions. You can go to Conroe Workforce Center to take the TABE test to see where you need the most help

Clases gratuitas

Digales que Workforce Solutions le envía. Puede ir a Conroe Workforce Center para realizar la prueba TABE para ver dónde necesita más ayuda

281-260-3576

Lone Star College:

Conroe Center

777 Conroe Park North Dr. Conroe, TX 77303 | 936-521-4500

GED classes. English & Spanish testing

Montgomery Center

3232 College Park Drive Ste. 12, Conroe, TX 77384 | 936-273-7518

Woodlands First Baptist Church: ESL for ALL Nationalities

Wednesdays 9am - 7pm

Free childcare provided mornings at 9:15 am and evenings at 6:15 pm

The Woodlands First Campus in Building A - Childcare in Building D

Cost: There is a 1 time fee of \$35 Cash or Check only

Cuidado de niños gratuito las mañanas a las 9:15 am y por la noche a las 6:15 pm

El campus de Woodlands First en el edificio A - Cuidado de niños en el edificio D

Costo: Se cobra \$35 (una sola vez) en efectivo o cheque solamente.

thewoodlandsfirst.org

South Campus 281-367-4317 | North Campus 281-356-5521

GED & ESL / VALIDACION DE ESCUELA SECUNDARIA Y CLASES DE INGLES

The Church of Jesus Christ of Latter-Day Saints Chapels

2707 Glen Loch Drive, The Woodlands, TX 77381

Register: betterlifehouston.org

ESL Classes offered through Better Life Houston

Classes begin February (First Thursday) at 7 pm

Self paced, 25 weeks program

TEXAS DEPARTMENT OF HEALTH AND HUMAN SERVICES / DEPARTAMENTO DE SALUD Y SERVICIOS HUMANOS DE TEXAS

Conroe Location:

936-539-1161 or Dial 2-1-1

608 N. Loop 336 E. Conroe, Texas 77301

Monday-Friday 8:00-5:00 p.m.

936-539-1161

Assistance with:

*TANF (AFDC) Temporary Assistance for Needy Families

*Medicaid and CHIP (Children's Health Insurance Plan). 1-800-Medicare.

*SNAP (Food Benefits)

County Indigent Health Care Program

Tomball Location:

281-351-0637 or call 2-1-1

29250 TX-249, Tomball, Texas 77375

Monday-Friday 8:00-5:00 p.m.

Aging and Disability **855-937-2372**

Blind Services **877-787-8999**

Deaf School **512-462-5353**

Hearing: Assistive Technology Unlimited **832-940-2020**

Veterans Services **936-539-7842**

Department of Public Safety Driver's License **936-442-2810**

HUMAN TRAFFICKING RESOURCES / RECURSOS DE TRATA DE PERSONAS

If you are in danger and need immediate help:

- Call **9-1-1** for local Police Department
- Montgomery County Sherrif's Office
Organized Crime Unit **936-538-3299**
- Contact the National Human Trafficking Hotline/ Resource Center
1-888-373-7888 (TTY: 711)
Text **233733** to chat online
Webchat: **HumanTrafficking@hhs.texas.gov**
- **National Domestic Violence Hotline: 1-800-799-7233**

Texas Health and Human Services:

hhs.texas.gov/services/safety/texas-human-trafficking-resource-center

Polaris Project

<https://polarisproject.org>

IMMIGRATION SERVICES / SERVICIOS DE IMMIGRACIÓN

Associated Catholic Charities

2900 Louisiana St. Houston, TX 77006

Legal Services, Citizenship application assistance

Call for more information

Servicios Legales, Ayuda para aplicar para la Ciudadanía Americana

Llame para mas información

713-526-4611

Casa Juan Diego

4818 Rose St. Houston, TX 77007

Hospitality and Services for Immigrants and Refugees

Call for appointment

Alojamiento para Refugiados. Albergue a nuevos Inmigrantes

Llame para cita

713-869-7376

Gulfton Area Neighborhood Association

6006 Bellaire Blvd. Suite 100 Houston, TX 77081

Housing, Employment and Legal Services for Immigrants

Ayuda con Inmigración, Alojamiento, Empleos y Servicios Legales para Inmigrantes

713-665-1284

Latino Learning Center

3522 Polk Houston, TX 77003

Mon - Fri 9:00am - 5:00pm

English Classes, GED, Vocational & Technical Training. Call for more information

Clases de inglés, GED, Entrenamiento Vocacional & Técnico

Llame para mas información

713-223-1391

IMMUNIZATION / VACUNAS

Community Wellness Clinic

201 Enterprise Row Suite 12 Conroe, TX 77301

Mon - Thurs 8:00am - 4:00pm | Fri 8:00am - 12:00pm

By appointment only.

Por citas solamente

936-760-2784

Lone Star Family Health Center

605 South Conroe Medical Dr., Conroe, TX 77304

Mon - Fri 8:00am - 9:00pm | Sat 9:00am - 1:00pm

936-539-4004

Maternal & Family Clinic of The Woodlands

1111 Medical Plaza Dr. Suite 230 The Woodlands, TX 77380

By appointment only.

Por citas solamente

281-419-1599

Montgomery County Public Health Clinic - Conroe

1400 S Loop 336 Conroe, TX 77304

Mon - Thurs 8:00am - 5:00pm | Fri 8:00am - 12:00pm

Closed at Lunch 12:00pm - 1:00pm

Must be a Montgomery County resident. Criteria based on income

Debe ser Residente de Montgomery County. Calificar de acuerdo a sus ingresos

936-523-5020

PCP For Life - Lake Conroe Family Practice

12621 Hwy 105 West Suite 104 Montgomery, TX 77356

Mon - Fri 8:00am - 8:00pm & Sat - Sun 8:00am - 6:00pm

By appointment only.

Por citas solamente

936-447-6020

TOMAGWA at Tomball - Main Clinic

455 School St. #30, Tomball, TX 77375

Mon - Fri 8:00am - 12:00pm & 1:00pm - 5:00pm

By appointment only.

First come first served/limited number of patients

Por citas solamente.

Se atenderá por orden de llegada y un número limitado de pacientes serán atendidos

281-357-0747

IMMUNIZATION / VACUNAS

St. Hope Healthcare - Conroe

1414 S Frazier St Ste 105, Conroe, TX 77301

Mon - Thurs 8:00am - 6:00pm | Fri - Sun closed

936-441-2440

UTMB Health Regional Women's Services and Pediatrics

701 E Davis St, Conroe, TX 77301

Mon, Wed, Thurs, Fri 8:00am - 5:00pm | Tues 8:00am - 7:00pm

409-266-1888

LEGAL AID / ASISTENCIA LEGAL

Community Christian Legal Aid

Legal Aid for low income neighbors (*cannot accept criminal cases)

Call for appointment, or first come first served 9am - 11am

*Ayuda legal para residentes del area de bajos ingresos (*no aceptan casos penales)*

Llame para hacer cita, o por orden de llegada 9am - 11am

832-598-6257

Houston Bar Association

Mon - Fri 5:00pm - 9:00pm

Call on the 1st and 3rd Wednesdays of each month to speak with an attorney and get free legal advice over the phone

Cualquier persona puede llamar los miércoles 1ro y 3ro de cada mes para hablar con un abogado y obtener asesoramiento legal gratuito por teléfono

713-759-1133

Houston Volunteer Lawyers Program

Pro bono legal aid from Houston Bar Association

Helps low-income individuals with most types of civil cases

Online registration available at hba.org/LegalLine

Asistencia legal pro bono de la Asociación de Abogados de Houston

Ayuda a las personas de bajos ingresos con la mayoría de los tipos de casos civiles

Registro en línea en hba.org/LegalLine

713-228-0735

Lone Star Legal Aid

412 West Lewis St. Conroe, TX 77301

936-539-2130 or 1-800-733-8394

Mon - Fri 8:00am - 5:00pm, Closed at 12:30pm - 1:30pm

Family law, welfare & income assistance, housing, health care, consumer, neighborhood problems, employment, juvenile issues

Derecho de familia, asistencia de bienestar e ingresos, vivienda, atención médica, consumidor, problemas de vecindario, empleo, problemas de menores

936-539-2130 or 1-800-733-8394

Montgomery County Women's Center

1401 Airport Rd. Conroe, TX 77301

Mon - Fri 8:00am - 5:00pm

Provides free legal services to victims of family violence, stalking and sexual assault - protective orders, divorce, lawsuits affecting parent-child relationship, assistance with Crime Victim's Compensation application

Proporciona servicios legales gratuitos a las víctimas de violencia familiar, acecho y agresión sexual - órdenes de protección, divorcio, demandas que afectan la relación padre-hijo, asistencia con la solicitud de Compensación de Víctimas del Delito

936-441-4044 | 936-441-7273 (24 hour crisis line)

LEGAL AID / ASISTENCIA LEGAL

Texas Attorney General's Office

Provides assistance with child support orders, locating absent parent, paternity, medical support orders, child support payments. No charge for services. Attorneys employed represent the State of Texas and do not represent any individual *Asistencia con las órdenes de manutención de los hijos, localización de padres ausentes, paternidad, órdenes de manutención médica, pagos de manutención de los hijos. Sin cargo por servicios.*
Abogados empleados representan al estado de Texas y no representan a ningún individuo
512-463-2100 | 936-539-3533 (Conroe)

The Legal Hotline for Older Texans

Offers free legal advice and referrals to persons over age of 60
Ofrece asesoramiento legal gratuito y referencias a personas mayores de 60 años
Houston: 800-622-2520 | Austin: 1-800-2520 (option 3)

The Meredith Law Firm

Helps seniors that are not qualified for Medicaid home health care due to income
Ayuda a las personas de la tercera edad que no están calificadas para el cuidado de salud en el hogar de Medicaid debido a los ingresos
832-246-8481 | www.meredith-law.com

The Woodlands Bar Association/ Houston Bar Association Legal Line

First and third Wednesday of the month
Montgomery county residents can receive free legal advice virtually through Houston Bar Association Legal Line
www.hba.org/LegalLine

OTHER LEGAL AIDS:

Public Information & Assistance

1-800-252-8011 (Texas Attorney General)

Women's Advocacy Project Family Law

Free legal information on family law issues
Información legal gratuita sobre cuestiones de derecho familiar como
1-800-777-3247 (Hotline)

Texas Law Help

A website that provides civil legal information to Texans who cannot afford help
Información legal civil a los tejanos que no pueden pagar ayuda
www.texaslawhelp.org

LOW COST MEDICAL CLINICS / CLÍNICA MÉDICA DE BAJO COSTO

East Montgomery County Clinic (PCP)

16401 First St. Suite 200 Splendora, TX

Mon - Fri 8:00am - 8:00pm | Sat/Sun 8:00am - 6:00pm

Insured and uninsured patients. Appointments and walk-ins

Asegurados y los pacientes sin seguro. Con citas o sin citas son atendidos

281-399-1170

Express Family Clinic

610 Rayford Rd. Suite 644 Spring, TX 77386

281-742-0624

16145 HWY 105 West Suite 600 Montgomery, TX 77356

936-463-8104

Mon-Fri 9:00am - 6:00pm

Flat fee \$50

Tarifa básica \$50

Health Center of Southeast Texas

307 N William Barnett Ave. Cleveland, TX 77327

8:00am - 8:00pm

Insurance accepted or call the for “Health Care Assistance” Program

Se aceptan seguros o se puede llámarm al Programa de Asistencia Médica

281-592-2224

Interfaith Community Clinic

101 Pine Manor Drive, Oak Ridge North, TX 77385

281-364-7889

Lake Conroe Medical Clinic (PCP)

19380 Hwy 105 W Suite 531

Montgomery, TX 77356

Insurance accepted or call for the “Health Care Assistance” program

Se aceptan seguros o se puede llámarm al Programa de Asistencia Médica

936-448-2121

Legacy Community Health

1415 California St., Houston, TX 77006

Multiple locations

Múltiples localizaciones

832-548-5000 | 832-543-5223

www.legacycommunityhealth.org

LOW COST MEDICAL CLINICS / CLÍNICA MÉDICA DE BAJO COSTO

Lone Star Family Health Center

605 South Conroe Medical Dr., Conroe, TX 77304

Mon - Fri 8:00am - 5:00pm

Mon - Thurs 5:00pm - 9:00pm (After Hours - Walk-In only)

Sat 9:00am - 1:00pm

Qualification required for a sliding scale. Insurance accepted

Puede calificar de acuerdo a sus ingresos. Se aceptan seguros

936-539-4004

Other locations:

- 9516 West FM 1097, Ste.140, Willis, TX 77318.

Mon - Fri 8:00am - 5:00pm | Closed at 12:00pm - 1:00pm

- 440 Rayford Rd. Ste.150, Spring, TX 77386.

Mon - Fri 8:00am - 5:00pm | Closed at 12:00pm - 1:00pm

- 13905 Grangerland Rd, Conroe, TX 77302

Mon - Thurs 8:00am - 12:00pm | 1:30pm - 5:30pm

- 227 SH 75 N, Ste. 130, Huntsville, TX 77320

Mon - Fri 8:00am - 5:00pm | Closed at 12:00pm - 1:00pm

St. Hope Healthcare - Conroe

1414 S Frazier St. Suite 105/106 Conroe, TX 77301

Mon - Thurs 8:00am - 6:00pm | Fri -Sun closed

Qualification required for a sliding scale. Insurance accepted

Puede calificar de acuerdo a sus ingresos. Se aceptan seguros

936-441-2440

UTMB Health Regional Women's Services and Pediatrics

701 East Davis St. Conroe, TX 77301

Mon, Wed, Thurs, Fri 8:00am - 5:00pm | Tues 8:00am - 7:00pm

Call for more information

Lláme para más información

409-266-1888

MENTAL & BEHAVIORAL HEALTH / SALUD MENTAL Y DE CONDUCTA

Children's Safe Harbor: A Children's Advocacy Center

1519 Oddfellow St. Conroe, TX 77301 | Mon - Fri 8:00am - 5:00pm

936-756-4644 | childrensafefharbor.org

Facilitates a comprehensive, multi-disciplinary team approach to intervention, investigation, prosecution and treatment of child sexual and severe physical abuse
Facilita un enfoque integral y multidisciplinario de intervención, investigación, enjuiciamiento y tratamiento de abuso sexual y físico grave

Cypress Creek Hospital

17750 Cali Dr. Houston, TX 77090. Main: 281-586-7600.

Admissions: 281-586-5956 | www.cypresscreekhospital.com

Mental health and substance abuse treatment (inpatient, outpatient, day programs)

Family therapy sessions and on-going support groups for families affected by substance abuse. Treatments for adolescents and their families.

Call 24/7 for assessment and referrals

Tratamiento de salud mental y abuso de sustancias (pacientes hospitalizados, ambulatorios, programas de día)

Sesiones de terapia familiar y grupos de apoyo en servicio para familias afectadas por el abuso de sustancias. También proporciona tratamientos de abuso de sustancias para los adolescentes y sus familias

Convocatoria de evaluación y referencias disponibles 24/7

Interfaith Community Clinic

101 Pine Manor Dr, Oakridge North, TX 77385 | 281-364-7889

Montgomery County Youth Services (YES TO YOUTH)

105 West Lewis St. Conroe, TX 77301 | 936-756-8682

8701 New Trails Dr. Ste 118, The Woodlands TX 77381 | 281-292-6471

Counselors schedule: Mon: 8:00am - 7:00pm | Tues, Wed, Thurs: 8:00am - 5:00pm | Fri: 8:00am - 2:30pm

www.youthmc.org

Crisis intervention services (counseling) to troubled youth ages 7-17 and transitional living program

Servicios de intervención en crisis (consejería) a jóvenes con problemas de 7 a 17 años y programa de vida de transición

Mosaics

346-703-0051

Assist to navigate mental health and substance use recovery resources.

MENTAL & BEHAVIORAL HEALTH / SALUD MENTAL Y DE CONDUCTA

NAMI- National Alliance on Mental Illness of Greater Houston and Montgomery County

Every 2nd and 4th Wednesday of the month | 6:30pm - 9:00pm

713-970-4419 | 1-800-950-6264 (Helpline) | namigreaterhouston.org

Peer-led support group for family members, caregivers and loved ones of individuals with mental illness

Designed for Adult (18+) loved ones of individuals living with mental illness

Meets bi-weekly on the 2nd & 4th Wednesday of each month at 6:30pm

Grupo de apoyo dirigido por y para miembros familiares, cuidadores y seres queridos de individuos con enfermedad mental. Diseñado para adultos (18+) seres queridos de personas que viven con enfermedades mentales

Se reúne quincenalmente los 2do y 4to de cada mes a las 6:30 pm

Sam Houston State University Community Counseling Clinic

SHSU - The Woodlands Campus

3380 College Park Dr. The Woodlands, TX 77384 | 936-202-5012

Group counseling for all ages, family counseling, play therapy (ages 3+), adolescent counseling, parent education, individual assessments/counseling, pre-marital counseling and couples counseling

FREE counseling by appointment ONLY (minimal fees for assessments)

Asesoramiento grupal para todas las edades, consejería familiar, terapia lúdica

(mayores de 3 años), consejería para adolescentes, educación de los padres,

evaluaciones/consejería individuales, consejería prematrimonial y consejería de parejas

Consejería GRATUITA por cita SOLAMENTE (tarifas mínimas para las evaluaciones)

The Church of Jesus Christ of Latter-day Saints

15940 Old Conroe Rd, Conroe, TX 77384. Register: betterlifehouston.org

12-week faith based class, build skills to handle life challenges. Classes begin

February (Adult class: First thursday 7pm). (Youth class: First Sunday 4pm)

Tri-County Behavioral Healthcare

Crisis, access and referral services, medication management, case management, child/adolescent services, substance abuse, etc.

Servicios de crisis, acceso y derivación, gestión de medicamentos, gestión de casos, servicios para adolescentes, abuso de sustancias, etc.

Conroe: 936-521-6300 | Cleveland: 281-432-3000 | Liberty: 936-334-3299

Huntsville: 936-291-5800 | 24 hour Crisis Line: 1-800-659-6994

www.tricountybehavioralhealthcare.org

Woodlands Church | Staff Counselors, Dr. Paul Looney, Ms. Sharon Thomas.
counseling@wc.org

PREGNANCY / EMBARAZO

Catholic Charities - Blessed Beginnings Life Center

2900 Louisiana St. Houston, TX 77006

Mon - Fri 8:00am - 5:00pm

Prenatal/Obstetrical care, free pregnancy tests, pregnancy and parenting classes

Atención prenatal y obstétrica, pruebas de embarazo gratuitas, clases de embarazo y crianza

713-874-6760 | 1-800-482-3611

www.catholiccharities.org/our-services

Lone Star Family Health Center

605 South Conroe Medical Dr., Conroe, TX 77304

Mon - Fri 8:00am - 5:00pm

Mon - Thurs 5:00pm - 9:00pm (After Hours - Walk-In only)

Sat 9:00am - 1:00pm

Prenatal & Obstetrical care including free pregnancy tests

Cuidado prenatal y obstétrico incluyendo pruebas de embarazo gratuitas

936-539-4004

Other locations:

- 9516 West FM 1097, Ste.140, Willis, TX 77318.

Mon - Fri 8:00am - 5:00pm | Closed at 12:00pm - 1:00pm

- 440 Rayford Rd. Ste.150, Spring, TX 77386.

Mon - Fri 8:00am - 5:00pm | Closed at 12:00pm - 1:00pm

- 13905 Grangerland Rd, Conroe, TX 77302

Mon - Thurs 8:00am - 12:00pm | 1:30pm - 5:30pm

- 227 SH 75 N, Ste. 130, Huntsville, TX 77320

Mon - Fri 8:00am - 5:00pm | Closed at 12:00pm - 1:00pm

Pregnancy Assistance Center North

Conroe: 115 N San Jacinto St. Conroe, TX 77301 | 936-441-6442

Mon - Thurs 8:00am - 4:00pm | Closed on Fridays

Spring: 26464 I-45 N Spring, TX 77386 | 281-367-1518

Mon - Thurs 8:00am - 4:00pm | Fri 9:00am - 1:00pm

(Well-Woman Clinic next door- open Mon/Wed 8:30am - 4:30pm)

Pregnancy testing, STD testing, peer/professional counseling, well-woman exams

Pruebas de embarazo, pruebas de enfermedades venereas consejero profesional y exámenes de la mujer

www.pacn.org

PREGNANCY / EMBARAZO

St. Hope Foundation

1414 S Frazier St. Suite 105/106 Conroe, TX 77301

Mon - Thurs 8:00am - 5:00pm | Fri 9:00am - 2:00pm

Insurance accepted. Qualifications for a sliding scale

Aceptan Seguros Médicos. Calificara de acuerdo a sus ingresos

936-441-2440

Tree of Life Lutheran Church - Conroe

3201 North Loop 336 West Conroe, TX 77304

Car seat inspections for mothers-to-be. Must call to make an appointment

Inspecciones de sillas para el coche, para las futuras madres.

Debe llamar para hacer cita

936-539-9530

www.treechurch.net/carseat

UTMB Health Regional Women's Services and Pediatrics

701 East Davis St. Conroe, TX 77301

Mon, Wed, Thurs, Fri 8:00am - 5:00pm | Tues 8:00am - 7:00pm

Prenatal care, family planning, sexually transmitted disease screening

Cuidado prenatal, planificación familiar, pruebas de enfermedades venereas

409-266-1888

PRESCRIPTIONS / RECETAS MEDICAS

Community Assistance Center (CAC)

1022 McCall Ave. Conroe, TX 77301

Will assist in obtaining prescriptions, food, clothing, and utilities

Call for appointment

Ayuda para comprar sus recetas médicas

Lláme para hacer cita

936-539-9211

Interfaith of The Woodlands

4242 Interfaith Way The Woodlands, TX 77381

Mon-Thurs 9:00am - 4:00pm, Fri 9:00am - 12:00pm

Service Area (Area de Servicio): 77380–77382, 77384–77385, neighbors residing in the portion of 77386 north of the Grand Parkway, in portions of 77389 and 77375 in the Village of Creekside Park, and 77354 in the Village of Sterling Ridge.

1 prescription every 6 months. *1 receta cada 6 meses*

281-367-1230

Sacred Heart Parish - St. Vincent DePaul Society

145 Madeley St. Conroe, TX 77301

Call for more information. *Lláme para mas información*

936-539-1188

Salvation Army

304 Avenue E Conroe, TX 77301

Prescription assistance considered after screening

Ayuda para pagar sus recetas médicas. Después de un análisis económico

936-760-2440

Society of Samaritans

31355 Friendship Dr. Suite 500 Magnolia, TX 77355

Mon - Fri 10:00am - 2:00pm

Photo ID and proof of residency required

Assistance with life sustaining prescriptions only

Identificación con foto y prueba de residencia requerida

281-259-8452

St. Simon and Jude Parish - St. Vincent DePaul Society

26777 Glen Loch Dr. The Woodlands, TX 77380

Service Area (Area de Servicio): 77380 - 77386

Call for more information. *Lláme para mas información*

281-292-6002

RENT & UTILITIES / RENTA Y SERVICIOS PUBLICOS

Crisis Assistance Center (CAC) (rent & utilities)

1022 McCall Ave. Conroe, TX 77301

Rent & utility assistance - Call for appointment. Picture ID, social security card for all household members, income verification required

Ayuda con la renta y utilidades - Llame para hacer cita. Necesita identificación con foto, Tarjeta de Seguro Social de todos viviendo en casa, y prueba de Ingresos

936-539-9211

Interfaith of The Woodlands

4242 Interfaith Way The Woodlands, TX 77381

Mon-Thurs 9:00am - 4:00pm, Fri 9:00am - 12:00pm

Service Area (Area de Servicio): 77380- 77382, 77384-77386, 77354, 77375 & 77389

Serving Montgomery County Residents - Need picture ID and proof of residency

Rent/Mortgage - \$400 per year. Utilities two times per year

Call for appointment

Servicios para residentes de Montgomery County

Renta/Hipoteca - \$400 por Año. Utilidades 2 veces por Año

Necesita identificación con foto y prueba de residencia

Llame para hacer cita

281-367-1230

Sacred Heart Parish - St. Vincent DePaul Society

109 N Frazier St. Conroe, TX 77303

Service Area (Area de Servicio): 77301, 77302, 77303, 77304, 77308 77318, 77378

77318, 77356

Paying rent or partial rent & Electricity/Water

Ayuda con alquiler o pago parcial del alquiler. Electricidad y Agua

936-539-1188

Salvation Army (rent & utilities)

304 Avenue E Conroe, TX 77301

Assistance with rent & utilities after screening. Call for appointment

Ayuda con Renta y Utilidades si califica

Llame para hacer cita

936-760-2440

RENT & UTILITIES / RENTA Y SERVICIOS PUBLICOS

Society of Samaritans

31355 Friendship Dr. Suite 500 Magnolia, TX 77355

Mon - Fri 10:00am - 2:00pm

Photo ID required. Rent & utility assistance, based on availability of funds

Call for appointment

Identificación con foto y prueba de residencia requerida

Ayuda para pagar Renta y Utilidades esta sujeta a la disponibilidad de Fondos

Llame para hacer cita

281-259-8452 | 281-252-9647

St. Simon & Jude Parish - St. Vincent DePaul Society

22677 Glen Loch Dr. The Woodlands, TX 77380

Service Area (Area de Servicio): 77380 - 77386

Assistance with rent after screening. By appointment ONLY

Pagan alquiler o pago parcial del alquiler. Por citas solamente

281-292-6002

SHELTER / REFUGIO

Interfaith of The Woodlands (Transitional Shelter)

info@woodlandsinterfaith.org
4242 Interfaith Way The Woodlands, TX 77381
281-367-1230

The Salvation Army Conroe Community Center

304 Avenue E Conroe, TX 77301
936-760-2440

Montgomery County Women's Center (Domestic Abuse)

www.mcwctx.org
936-441-7273 (24-hour crisis line)
936-441-4044 (Non Emergency)

Montgomery County Youth Services (YES TO YOUTH)

www.sayyestoyouth.org
936-756-8682
1-888-756-8682 (24-hour hotline)
Crisis housing for ages 10 - 17 years old.

Compassion United

936-274-3799
Hosanna House - Women's Transitional Home
Freedom House - Men's Transition Home

Campus of Hope

317 West Lewis St., Conroe 77365
936-521-6000
Temporary Shelter for adult males 18+

United Way

2-1-1
Referrals for rent, food and shelter

Family Promise

936-441-
Shelter for families with children

Under Over Fellowship

936-447-0258
Dog shelter, food, showers and laundry

SPECIAL NEEDS RESOURCES / RECURSOS PARA NECESIDADES ESPECIALES

ADD/ADHD Support Group- South Region **281-897-0982**
9597 Jones Road, Ste. 334, Houston, Texas 77065
adda-sr.org

Austism Playgroup Montgomery County Area
janscooper@sbcglobal.net

Bridgewood Farms **936-856-6460**
11680 Rose Raod, Conroe. Texas 77303

Children's Safe Harbor **936-756-4644**
1519 Oddfellow St., Conroe, Texas 77301
ChildreanSAFEHarbor.org

Disability Prevention for Children Resources **512-206-5100**
Odpc@hsc.state.tx.us | hhs.texas.gov/disability-prevention

Depelchin Children's Center **281-367-7707**
2940 FM 2920, Ste. 150, Spring, Texas 77388

Early Identification and Diagnosis to Prevent Disabilities in Children **512-206-5100**
odpc@hhsc.state.tx.us | hhs.texas.gov/disability-prevention

Mental Health Conditions in Children with Intellectual/ or Developmental
Disabilities **512-206-5100**
odpc@hhsc.state.tx.us | hhs.texas.gov/disability-prevention

Muscular Dystrophy Association **713-522-3941**
11767 Katy Fwy, Suite 750, Houston, Texas 77079
mda.org

New Danville **936-344-6200**
10951 Shepard Hill Rd., Willis, Texas 77381
Newdanville.org

Project Beacon Texas
projectbeacontx.org

SUBSTANCE ABUSE / ABUSO DE SUBSTANCIAS

Cypress Creek - Alcoholics Anonymous (Spring - The Woodlands)

17750 Cali Dr. Houston, TX 77090

AA meetings: Mon, Tues, Thurs, Sat, Sun 8:00pm

All meetings 1 hour in length and take place at Cypress Creek Hospital

Todas las reuniones de 1 hora de duración y tienen lugar en el Hospital Cypress Creek

281-586-7600 | 713-686-6300 (24/7)

www.aahouston.org

Memorial Hermann Prevention & Recovery Center

1733 Woodstead Ct. Suite 102 The Woodlands, TX 77380

Adolescent and adult intensive outpatient program; 12 steps and after care

Programa ambulatorio intensivo para adolescentes y adultos;

12 pasos y después del cuidado

281-681-9101 | 832-779-5236

www.parc.memorialhermann.org

Narcotics Anonymous Houston Area

2030 FM 2854 Rd. Conroe, TX 77304

Several daily meetings in Houston and surrounding areas

Varias reuniones todos los días en Houston y alrededores

713-661-4200 | 936-756-3171 (24 Hr Hotline)

www.hascona.com

New Dimensions Day Treatment Centers

25511 Budde Rd. Suite 2401 The Woodlands, TX 77380

Mon - Thurs 8:30am - 5:00pm

Provides psychiatric and chemical dependency treatment for adults and adolescents

Offers partial day, intensive inpatient & outpatient treatment

Proporciona tratamiento de dependencia psiquiátrica y química para adultos y

adolescentes Ofrece tratamiento parcial de día, hospitalización intensiva y ambulatorio

800-685-9796

New Life Women's Center

14699 Steede Rd. Montgomery, TX 77356

Mon - Fri 9:00am - 5:00pm

Faith-based training center focusing on spiritual and emotional wellness

Drug and alcohol program part of women's assistance

Centro de capacitación basado en la fe centrado sobre el bienestar espiritual y

emocional. Programa de drogas y alcohol parte de la asistencia de las mujeres

936-449-4357

www.creativeoutreach.com

SUBSTANCE ABUSE / ABUSO DE SUSTANCIAS

Open Door Mission Houston

5803 Harrisburg Blvd. Houston, TX 77011

Mon - Fri 8:00am - 5:00pm

Drug and alcohol faith-based recovery program for men

Programa de recuperación de drogas y alcohol basado en la fe para hombres

713-921-7520

www.opendoorhouston.org

Serenity of The Woodlands - Alcoholics Anonymous

405 Sawdust Rd. Spring, TX 77380 (Woodwinds Center)

Ongoing meeting times every day ranging from 6:30am - 10:00pm

Horarios de reunión en curso todos los días que van de 6:30am - 10:00pm

281-292-8334

Texas Commission on Alcohol & Drug Abuse

Resource providing information on preventing and treating drug/alcohol abuse

Helps locate providers in local area

Recursos que proporcionan información sobre la prevención y el tratamiento del

abuso de drogas y alcohol. Ayuda a localizar proveedores en el área local

800-832-9623 (Hotline)

The Right Step Houston

12350 Wood Bayou Dr., Houston, TX 77013

Intensive outpatient treatment for adults with substance abuse

Tratamiento ambulatorio intensivo para adultos con abuso de sustancias

844-877-7283

www.rightstep.com

Tri-County Healthcare Services

Crisis, access and referral services, medication management, case management, child/adolescent services, substance abuse, etc.

Servicios de crisis, acceso y derivación, gestión de medicamentos, gestión de casos, servicios para adolescentes, abuso de sustancias, etc.

Conroe: 936-521-6300

Cleveland: 281-432-3000

Liberty: 936-334-3299

Huntsville: 936-291-5800

24 hour Crisis Line: 1-800-659-6994

www.tricountyservices.org

SUICIDE PREVENTION RESOURCES / RECUROS PARA LA PREVENCIÓN DEL SUICIDO

American Foundation for Suicide Prevention (AFSP)

<https://afsp.org/chapter/southeast-texas>

Talks Save Lives

Faith Talks

Crisis Hotline: 800-273-8255

Behavioral Health & Suicide Prevention

Task Force by JP Judge Wayne Mac for Montgomery County.

Database on all services available within Montgomery County to address suicide and mental health. Pending release of website.

Cassidy Joined for Hope

Comprehensive training, support, guidance for persons facing suicide and recovery.

www.CassidyjoinedforHope.com

Crisis Text Line

TEXT: 741741 to text with a trained crisis counselor

<https://www.crisistextline.org>

Cypress Creek Hospital

Honor Strong Program

Acute Inpatient for First Responders

Direct Admissions: 281-995-1475

Jewish Family Services

Congregation Beth Shalom of the Woodlands <https://www.cbsw.org/>

Krist Samaritan Counseling Center

of Christ Church United Methodist;

6363 Research Forest Blvd., The Woodlands Texas; 936-273-2030

counseling Center Number for Appointments: (281) 480-7554

<https://samaritanhouston.org/>

Mayo Clinic on Signs of Suicide

<https://www.mayoclinic.org/diseases-conditions/suicide/symptoms-causes>

SUICIDE PREVENTION RESOURCES / RECUROS PARA LA PREVENCIÓN DEL SUICIDIO

Mighty Oaks Foundation

Veteran services long-term care for PTSD and Suicide Prevention, State of Texas
Representative Steve Toth.

<https://www.mightyoaksprograms.org/>

Montgomery County Mental Health Division and Crisis Intervention Team

Serves and safeguards persons with mental health illness through effective delivery of
law enforcement mental health services

Non-emergency 936-760-5800

Mental Health Warrant Assistant 936-539-7828

Montgomery County Youth Services – Yes to Youth

(Crisis housing 12-18 years, affordable counseling)

1-888-756-8682 (24 Hour Hotline)

www.sayyestoyouth.org

Crisis Text Line

Text MT to 741-741

Mosaics

Faith-based resources agency to direct persons to immediate care needs;

<https://mosaicsofmercy.com/>

346-703-0051

National Suicide Prevention Lifeline

800-273-8255

<https://suicidepreventionlifeline.org/>

Rejoice Counseling Center

With St. Simon & Jude Catholic Church

<https://www.rejoicecounseling.com/>

Survivors of Suicide

Support Group, clinical Counselor Susan Jones LPC, The Woodlands United Methodist
Church; Rev Joy Johnston

(281) 297-5900

<https://www.thewoodlandsumc.org/>

SUICIDE PREVENTION RESOURCES / RECUROS PARA LA PREVENCIÓN DEL SUICIDIO

Texas Child Mental Health Care Consortium

<https://www.utsystem.edu/pophealth/tcmhcc/initiatives/>

Texas Suicide Prevention.org

Lifeline 24/7 Crisis Hotline 1-800-273-TALK

The Harris Center (Harris County)

866-970-4770

<https://www.theharriscenter.org/>

The Trevor Project

(Focused on ending suicide among LGBTQ youth)

866-488-7386 (24 Hour Trevor Lifeline)

Text START to 678678

thetrevorproject.org

Tri-County Behavioral Health Care

Available services

24/7 Crisis Hotline 1-800-659-6994

Inpatient Clinic Care

<http://www.tcbhc.org/>

Tri-County Services (Montgomery County)

800-659-6994

www.tricountyservices.org

FOR VETERANS: Tri-County 24 Hour Crisis Service

936-446-9195

Trinity Episcopal Church

National Association of Mental Illness (NAMI) support groups, weekly and monthly, peer support, family support.

<https://www.trinitywoodlands.org/>

CRISIS HOT LINES 24/7

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

SUICIDE PREVENTION RESOURCES / RECURSOS PARA LA PREVENCIÓN DEL SUICIDO

Tri-County Services (Montgomery County)

800-659-6994

Texas Suicide Prevention

Lifeline 24/7 Crisis Hotline 1-800-273-TALK

Montgomery County Youth Services; Say Yes to Youth

24/7 Crisis Hotline 1-888-756-8682

VETERAN SERVICES / SERVICIOS PARA VETERANOS

Conroe Veterans Affairs (VA) Clinic

690 S Loop 336 West Conroe, TX 77304 | 936-522-4000

Mon - Fri 8:00am - 5:00pm

Gumps VA Compensation Services

1110 N Loop 336 West Suite 250 Conroe, TX 77305 | 1-888-854-8677

Mon - Fri 9:00am - 4:30pm

Montgomery County Veteran Services

2247 N 1st St. Suite 219 Conroe, TX 77301 | 936-538-8282

Mon - Fri 8:00am - 4:00pm

Tri-County Services

936-521-6132 | www.tricountyservices.org

24-hour Crisis Line 1-800-659-6994

Volunteers of America (Conroe, TX 77301)

936-788-2660

VISION / VISIÓN

Conroe Noon Lions Club

1106 Wilson Rd. Conroe, TX 77301

936-760-1666

InFocus Vision Center (in Cypresswood Plaza)

18555 Kuykendahl Rd. Spring, TX 77379

Complete eye care at low prices. Call for appointment

Cuidado ocular complete a precios bajos. Llame para hacer cita

281-547-7477

University of Houston - College of Optometry

4901 Calhoun Rd. Houston, TX 77204

Mon - Fri 8:00am - 6:00pm

713-743-2020

www.opt.uh.edu

Vision Service Plan - Sight for Students Eye Care

1-800-877-7195

www.vsp.com

GENERAL / GENERAL

All Ears Center

Audiology Services

4840 W Panther Creek Dr #200, The Woodlands, TX 77381

936-251-3021

Mon - Thurs 8:00am - 5:00pm, Fri 8:00am - 12:00pm

Children's Books on Wheels

281-844-7596

Health, financial, education literacy and tax prep

God's Garage

936-286-8000

Car repair and donation

Habitat for Humanity

936-441-4663

Housing assistance

Hands of Justice

936-442-1089

Action against human trafficking

Inspiration Ranch

281-719-9322

Therapeutic horse riding program

Rainbow Room

281-914-9841

Toys, diapers, formula, and clothing

Sleep in Heavenly Peace

713-702-8766

Beds for children

United Way

211

Referrals for rent, food and shelter

Volunteers of America

936-647-6170

Counseling and housing program

INTERFAITH COMMUNITY CLINIC

Founded by Dr. Joel Kerschenbaum, Interfaith Community Clinic (ICC) opened its doors in 1996 to meet the medical needs of the uninsured population. As the needs of the community have grown, so have the services offered at the clinic. Today, the clinic continues to provide quality basic medical and dental care, counseling and patient services to individuals in need.

A volunteer staff of licensed physicians, nurses, medical providers, dentists, dental assistants, dental hygienists, social workers, translators and support personnel work together to provide patient care.

Although clinic services are free, we are a charitable, volunteer-driven service that depends on contributions from our community in order to provide care.

Patients are encouraged to make a donation, however small or large, when they are able, but no patient will be denied care if he/she is unable to do so.

We depend on you, so you can depend on us!



Medical Care
Dental Care
Behavioral Health Services
Adult Medicine
Pediatrics
Healthy Kids Festivals
Women's Health Services
Diagnostic Testing
Vision Screenings
Health Education Classes
Flu Shot Clinics

BECAUSE WE
CARE



Providing Healthcare to Those in Need

101 Pine Manor Drive, Oak Ridge North, TX 77385
281.364.7889 | interfaithcommunityclinic.org

